

Although the fundamental core skills will remain, CABs can include further learning such as drugs and alcohol, sexual health, Gangs and county lines, bullying, police discussions, and paramedics discussions. Within any of the programmes, the CABs team can tailor make programmes to suit the young people and the outcomes the funder/service is looking to develop. If you would like to develop a tailor-made programme, please get in touch with one of the CABs team for further information.

For young people who have learning disabilities or difficulties, the CABs team will work closely with the school or funder to support a young person. CABs staff will require a copy of their EHCP if they have one. This allows the staff to develop the right support within the session. If a young person has a 1:1 staff member who works closely with them, their staff member would be welcome to continue supporting the young person and ensuring every success.

CABs support young people with their well-being and have dedicated mentors who can help them through challenging times.

Mentoring is individual to the young person, and the mentor will support the young person to determine a defined goal through an open commitment between both parties. Young people, when they start, will be notified that they have the option of mentoring should they feel they need it at any point.

visit us at

www.playplace.org



01689867366



Play Place, 21 Wayside, New
Addington, CR0 9DX



mike.hennis@playplace.org

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CABS

(Croydon Autobike Scheme)



Croydon Auto Bike Scheme (CABS) is a well-established project with 20 years of experience working with young people and engaging them in mechanics and riding. The youth workers and mechanics have developed a programme that supports the needs of young people who are struggling academically at school, at risk of exclusion, ASB behaviour, trauma, at risk of being involved in the criminal justice system and special educational needs.

CABS offer many programme options that young people can get involved in, from school daytime programmes, evening youth provisions and tailored-made programmes. The CABS team has a wealth of knowledge and qualifications to enable appropriate support for young people.

CABS offer a range of activities that shape the programme's delivery.

Practical mechanical skills will be developed working alongside the two mechanics on site. Young people are developing valuable skills through task sets that are linked to the theory work. This enables young people to build the essential direct skills in developing their understanding of mechanics. (For a complete breakdown of learning, please request further information).

Mechanical theory work is completed in some of the programmes we deliver. Young people will develop mechanical knowledge from a comprehensive syllabus. Both mechanics and trained youth workers work with young people to build knowledge through theory completed work. The youth workers offer support to develop their academic skills and keep them focused on the task being completed.

AQA Accreditations have been an integral part of CABS. Young people can gain many AQAs throughout their journey, from health and safety, mechanical knowledge, riding and preparing young people to develop their employability skills. AQA accreditations have been a big success for young people, especially when young people have become disengaged from learning. Completing an AQA, a small bite-sized unit, allows young people to develop their attention span and build up to achieve more complex academic work.



Each young person will complete practical Riding skills on any of the CABS programmes. They are giving young people the opportunity to gain experience in riding an off-road motorbike, which has been proven to enhance retention rates of young people attending programmes and develop a love for riding as a sport. Young people at risk of illegal riding have attended CABS programmes over the years, and the programme has been proven to decrease illegal riding on the road and support young people in better life choices.

Youth workers can have necessary diversionary conversations with young people about their personal safety, thinking of others and developing resilience.

